



Detailed evaluation

Lausch, Thorsten

Club: Helaba BSG Triathlon

Number: 16

Course: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

Category:

Senioren 2 MK45

Total time: 2:27:51

Rank in course/Total: 19 (of 46)

Rank in course/Men: 16 (of 36)

Best time in course: 2:06:59

Rank in category: 3(of 8)

Best time in the category: 2:17:27

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	27:44	22:11	4	5:45	23	9:59	1.25	27:44	22:11	4	5:45	37	9:59
Wechsel S -> R	-	1:48	-	3	0:14	4	0:14	1.25	29:32	23:37	4	5:59	37	10:10
Schwimmen Total	1.25	29:32	23:37	4	5:59	37	10:10	1.25	29:32	23:37	4	5:59	37	10:10
Rad netto	38.00	1:04:14	1:41	1	-	9	4:59	39.25	1:33:46	2:23	3	5:37	11	10:52
Wechsel R -> L	-	1:13	-	3	0:15	9	0:15	39.25	1:34:59	2:25	3	5:51	11	10:53
Rad Total	38.00	1:05:27	1:43	1	-	8	5:00	39.25	1:34:59	2:25	3	5:51	11	10:53
Lauf	10.00	52:52	5:17	5	5:14	25	14:21	49.25	2:27:51	3:00	3	10:24	16	20:52