



Detailed evaluation

Ruppel, Michael

Total time: 2:29:59

Number: 7

Course: 49.25 km

Rank in course/Total: 24 (of 46)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Men: 21 (of 36)

Best time in course: 2:06:59

Category:

Rank in category: 4(of 6)

Senioren 1 MK40

Best time in the category: 2:14:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	29:50	23:52	5	6:54	30	12:05	1.25	29:50	23:52	5	6:54	37	12:05
Wechsel S -> R	-	2:34	-	4	0:25	20	1:00	1.25	32:24	25:55	5	7:11	37	13:02
Schwimmen Total	1.25	32:24	25:55	5	7:11	37	13:02	1.25	32:24	25:55	5	7:11	37	13:02
Rad netto	38.00	1:08:31	1:48	4	4:52	18	9:16	39.25	1:40:55	2:34	4	11:09	22	18:01
Wechsel R -> L	-	1:30	-	4	0:17	17	0:32	39.25	1:42:25	2:36	4	11:15	22	18:19
Rad Total	38.00	1:10:01	1:50	4	5:09	18	9:34	39.25	1:42:25	2:36	4	11:15	22	18:19
Lauf	10.00	47:34	4:45	2	4:38	12	9:03	49.25	2:29:59	3:02	4	15:36	21	23:00