



Detailed evaluation

Lang, Joachim

Total time: 1:10:09

Number: 255

Course: 25.55 km

Rank in course/Total: 15 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 14 (of 62)

Best time in course: 58:18

Category:

Rank in category: 4(of 10)

Senioren 2 MK45

Best time in the category: 1:04:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	11:05	20:09	5	2:49	24	3:32	0.55	11:05	20:09	5	2:49	63	3:32
Wechsel S -> R	-	1:29	-	2	0:21	10	0:21	0.55	12:34	22:50	4	2:45	62	3:41
Schwimmen Total	0.55	12:34	22:50	4	2:45	62	3:41	0.55	12:34	22:50	4	2:45	62	3:41
Rad netto	20.00	33:31	1:40	5	3:10	14	12:11	20.55	46:05	2:14	4	4:08	15	7:00
Wechsel R -> L	-	0:45	-	1	-	6	0:05	20.55	46:50	2:16	4	3:53	61	6:10
Rad Total	20.00	34:16	1:42	5	2:36	13	9:58	20.55	46:50	2:16	4	3:53	61	6:10
Lauf	5.00	23:19	4:39	6	2:00	23	5:41	25.55	1:10:09	2:44	4	5:21	14	11:51