



Detailed evaluation

Raab, Stefan

Total time: 1:15:33

Number: 252

Course: 25.55 km

Rank in course/Total: 34 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 30 (of 62)

Best time in course: 58:18

Category:

Rank in category: 7(of 10)

Senioren 2 MK45

Best time in the category: 1:04:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	12:12	22:10	7	3:56	34	4:39	0.55	12:12	22:10	7	3:56	63	4:39
Wechsel S -> R	-	1:45	-	5	0:37	16	0:37	0.55	13:57	25:21	7	4:08	62	5:04
Schwimmen Total	0.55	13:57	25:21	7	4:08	62	5:04	0.55	13:57	25:21	7	4:08	62	5:04
Rad netto	20.00	34:48	1:44	7	4:27	20	13:28	20.55	48:45	2:22	7	6:48	22	9:40
Wechsel R -> L	-	1:08	-	5	0:23	24	0:28	20.55	49:53	2:25	7	6:56	61	9:13
Rad Total	20.00	35:56	1:47	6	4:16	19	11:38	20.55	49:53	2:25	7	6:56	61	9:13
Lauf	5.00	25:40	5:08	7	4:21	40	8:02	25.55	1:15:33	2:57	7	10:45	30	17:15