



Detailed evaluation

Koch, Nils

Total time: 1:19:56

Number: 223

Course: 25.55 km

Rank in course/Total: 44 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 39 (of 62)

Best time in course: 58:18

Category:

Rank in category: 9(of 11)

Männer AK2

Best time in the category: 1:04:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	12:54	23:27	10	4:26	41	5:21	0.55	12:54	23:27	10	4:26	63	5:21
Wechsel S -> R	-	1:59	-	6	0:45	23	0:51	0.55	14:53	27:03	8	4:51	62	6:00
Schwimmen Total	0.55	14:53	27:03	8	4:51	62	6:00	0.55	14:53	27:03	8	4:51	62	6:00
Rad netto	20.00	38:43	1:56	7	17:23	41	17:23	20.55	53:36	2:36	8	14:31	41	14:31
Wechsel R -> L	-	1:20	-	7	0:40	33	0:40	20.55	54:56	2:40	8	12:53	61	14:16
Rad Total	20.00	40:03	2:00	7	15:45	40	15:45	20.55	54:56	2:40	8	12:53	61	14:16
Lauf	5.00	25:00	5:00	5	4:43	32	7:22	25.55	1:19:56	3:07	9	15:42	39	21:38