



Detailed evaluation

Fröhlich, Sebastian

Total time: 1:20:20

Number: 235

Course: 25.55 km

Rank in course/Total: 45 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 40 (of 62)

Best time in course: 58:18

Category:

Rank in category: 2(of 5)

Männer AK4

Best time in the category: 1:12:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	13:48	25:05	5	0:58	53	6:15	0.55	13:48	25:05	5	0:58	63	6:15
Wechsel S -> R	-	3:24	-	4	1:29	51	2:16	0.55	17:12	31:16	5	2:01	62	8:19
Schwimmen Total	0.55	17:12	31:16	5	2:01	62	8:19	0.55	17:12	31:16	5	2:01	62	8:19
Rad netto	20.00	37:50	1:53	2	2:16	38	16:30	20.55	55:02	2:40	6	4:16	43	15:57
Wechsel R -> L	-	1:50	-	5	1:09	49	1:10	20.55	56:52	2:46	6	5:25	61	16:12
Rad Total	20.00	39:40	1:58	3	3:25	39	15:22	20.55	56:52	2:46	6	5:25	61	16:12
Lauf	5.00	23:28	4:41	3	2:39	26	5:50	25.55	1:20:20	3:08	2	8:04	40	22:02