



Detailed evaluation

Munk, Karsten

Total time: 1:23:25

Number: 257

Course: 25.55 km

Rank in course/Total: 55 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 45 (of 62)

Best time in course: 58:18

Category:

Rank in category: 8(of 10)

Senioren 2 MK45

Best time in the category: 1:04:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	10:54	19:49	4	2:38	20	3:21	0.55	10:54	19:49	4	2:38	63	3:21
Wechsel S -> R	-	2:03	-	6	0:55	25	0:55	0.55	12:57	23:32	5	3:08	62	4:04
Schwimmen Total	0.55	12:57	23:32	5	3:08	62	4:04	0.55	12:57	23:32	5	3:08	62	4:04
Rad netto	20.00	40:03	2:00	8	9:42	45	18:43	20.55	53:00	2:34	8	11:03	37	13:55
Wechsel R -> L	-	1:35	-	9	0:50	45	0:55	20.55	54:35	2:39	8	11:38	61	13:55
Rad Total	20.00	41:38	2:04	8	9:58	46	17:20	20.55	54:35	2:39	8	11:38	61	13:55
Lauf	5.00	28:50	5:46	10	7:31	53	11:12	25.55	1:23:25	3:15	8	18:37	45	25:07