



6. Erfurt Marathon  
Erfurt / 24.08.2019

Detailed evaluation

Muskelkater

Total time: 4:30:23

Number: 208

Speed: 9.32 km/h

Running performance: 6:26 min/km

Course: 42.00 km

Erfurt Marathon 2er Staffel

Rank in course: 11 (of 12)

Best time in course: 3:06:37

Category:

Rank in category: 3(of 3)

Mixstaffel

Best time in the category: 3:47:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle	21.35	2:13:01	6:13	3	31:13	10	38:07	21.35	2:13:01	6:13	3	31:13	10	38:07
Ziel	20.65	2:17:22	6:39	3	11:32	12	45:39	42.00	4:30:23	6:26	3	42:45	11	1:23:46
Erfurt	-	fehlt!	-	-	-	-	-	42.00	-	-	3	-	11	-