



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Malzahn, Helger

Club: RTV Haselgrund/Außenstelle Erfurt
Number: 126

Course: 23.50 km
Halbmarathon Einzel

Category:

Männer

Total time: 1:54:15

Speed: 12.08 km/h

Running performance: 4:52 min/km

Rank in course/Total: 5 (of 51)

Rank in course/Men: 4 (of 31)

Best time in course: 1:45:53

Rank in category: 4(of 31)

Best time in the category: 1:45:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wechselstelle 2	11.00	55:40	5:03	4	1:24	4	1:24	11.00	55:40	5:03	4	1:24	4	1:24
Nordpark Erfurt	12.50	58:35	4:41	4	6:58	4	6:58	23.50	1:54:15	4:51	4	8:22	4	8:22