



## 6. Erfurt Marathon

Erfurt / 24.08.2019

### Detailed evaluation

**Demmer, Gerhard**

Club: Wirbelwind

Number: 9

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:53:31

Speed: 8.59 km/h

Running performance: 6:59 min/km

Rank in course/Total: 51 (of 66)

Rank in course/Men: 42 (of 54)

Best time in course: 2:46:58

Rank in category: 42(of 54)

Best time in the category: 2:46:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.50	21:48	4:50	24	5:22	24	5:22	4.50	21:48	4:50	24	5:22	24	5:22
Wechselstelle 1	5.00	28:19	5:39	21	7:05	21	7:05	9.50	50:07	5:16	22	12:27	22	12:27
Wechselstelle 2	11.00	1:11:54	6:32	39	24:27	39	24:27	20.50	2:02:01	5:57	30	36:54	30	36:54
südlichster Punkt	6.50	45:43	7:01	48	23:02	48	23:02	27.00	2:47:44	6:12	40	59:56	40	59:56
Wechselstelle 3	4.00	37:07	9:16	47	20:10	47	20:10	31.00	3:24:51	6:36	41	1:20:06	41	1:20:06
Nordpark Erfurt	11.00	1:28:40	8:03	42	46:27	42	46:27	42.00	4:53:31	6:59	43	2:06:33	43	2:06:33