



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Ewerling, Lena

Club: Circulum Berlin

Number: 303

Course: 42.00 km

Marathon Einrad

Category:

Frauen

Total time: 4:01:09

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 7 (of 11)

Rank in course/Women: 3 (of 4)

Best time in course: 3:01:17

Rank in category: 3(of 4)

Best time in the category: 3:01:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
nördlichster Punkt	4.50	16:52	3:44	3	0:26	3	0:26	4.50	16:52	3:44	3	0:26	3	0:26
Wechselstelle 1	5.00	20:38	4:07	3	0:33	3	0:33	9.50	37:30	3:56	3	0:44	3	0:44
Wechselstelle 2	11.00	1:00:16	5:28	3	8:59	3	8:59	20.50	1:37:46	4:46	3	9:43	3	9:43
südlichster Punkt	6.50	50:38	7:47	4	22:26	4	22:26	27.00	2:28:24	5:29	3	32:09	3	32:09
Wechselstelle 3	4.00	29:50	7:27	3	10:52	3	10:52	31.00	2:58:14	5:44	3	43:01	3	43:01
Nordpark Erfurt	11.00	1:02:55	5:43	4	16:51	4	16:51	42.00	4:01:09	5:44	3	59:52	3	59:52