



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Intrau, Marko

Club: Einradclub Erfurt e.V.

Number: 308

Course: 42.00 km

Marathon Einrad

Category:

Männer

Total time: 4:17:58

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 11 (of 11)

Rank in course/Men: 7 (of 7)

Best time in course: 2:20:43

Rank in category: 7(of 7)

Best time in the category: 2:20:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.50	20:19	4:30	7	8:39	7	8:39	4.50	20:19	4:30	7	8:39	7	8:39
Wechselstelle 1	5.00	25:26	5:05	6	9:16	6	9:16	9.50	45:45	4:48	6	17:32	6	17:32
Wechselstelle 2	11.00	1:09:59	6:21	7	29:40	7	29:40	20.50	1:55:44	5:38	6	47:06	6	47:06
südlichster Punkt	6.50	52:59	8:09	7	30:24	7	30:24	27.00	2:48:43	6:14	6	1:17:22	6	1:17:22
Wechselstelle 3	4.00	26:58	6:44	6	13:04	6	13:04	31.00	3:15:41	6:18	7	1:30:19	7	1:30:19
Nordpark Erfurt	11.00	1:02:17	5:39	7	26:56	7	26:56	42.00	4:17:58	6:08	7	1:57:15	7	1:57:15