



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Steigleder, Norman

Club: SPD Ortsverein Erfurt Süd-Ost

Number: 55

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 5:25:45

Speed: 7.74 km/h

Running performance: 7:46 min/km

Rank in course/Total: 57 (of 66)

Rank in course/Men: 48 (of 54)

Best time in course: 2:46:58

Rank in category: 48(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.50	22:43	5:02	27	6:17	27	6:17	4.50	22:43	5:02	27	6:17	27	6:17
Wechselstelle 1	5.00	31:38	6:19	44	10:24	44	10:24	9.50	54:21	5:43	39	16:41	39	16:41
Wechselstelle 2	11.00	1:21:36	7:25	49	34:09	49	34:09	20.50	2:15:57	6:37	48	50:50	48	50:50
südlichster Punkt	6.50	51:55	7:59	52	29:14	52	29:14	27.00	3:07:52	6:57	48	1:20:04	48	1:20:04
Wechselstelle 3	4.00	39:07	9:46	52	22:10	52	22:10	31.00	3:46:59	7:19	49	1:42:14	49	1:42:14
Nordpark Erfurt	11.00	1:38:46	8:58	48	56:33	48	56:33	42.00	5:25:45	7:45	49	2:38:47	49	2:38:47