



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Kakerow, Silke

Club: Laufgruppe Atemnot

Number: 165

Course: 23.50 km

Halbmarathon Nordic Walking

Category:

Frauen

Total time: 4:06:56

Speed: 5.59 km/h

Rank in course/Total: 14 (of 18)

Rank in course/Women: 10 (of 15)

Best time in course: 3:19:41

Rank in category: 10(of 15)

Best time in the category: 3:19:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Cat.	Behind Cat.	Pos Cat.	Behind Cat.					
Wechselstelle 2	11.00	2:03:41	5.34	11	28:20	11	28:20	11.00	2:03:41	5.34	11	28:20	11	28:20
Nordpark Erfurt	12.50	2:03:15	5.84	9	18:55	9	18:55	23.50	4:06:56	5.59	10	47:15	10	47:15