



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Kakerow, Silke

Club: Laufgruppe Atemnot

Number: 165

Course: 23.50 km

Halbmarathon Nordic Walking

Category:

Frauen

Total time: 4:06:56

Speed: 5.71 km/h

Rank in course/Total: 14 (of 18)

Rank in course/Women: 10 (of 15)

Best time in course: 3:19:41

Rank in category: 10(of 15)

Best time in the category: 3:19:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Stage score | | Total ranking | | | | | | | | |
|-----------------|-------------|---------------|---------------|-------------|----------------|---------------|----------------|-------------|----------------|------|----|-------|----|-------|
| | | | | Pos Cat. | Behind Cat. | Pos Cat. | Behind Cat. | Pos Cat. | Behind Cat. | | | | | |
| Wechselstelle 2 | 11.00 | 2:03:41 | 5.34 | 11 | 28:20 | 11 | 28:20 | 11.00 | 2:03:41 | 5.34 | 11 | 28:20 | 11 | 28:20 |
| Nordpark Erfurt | 12.50 | 2:03:15 | 6.09 | 9 | 18:55 | 9 | 18:55 | 23.50 | 4:06:56 | 5.71 | 10 | 47:15 | 10 | 47:15 |