



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Michaelis, Steffen

Club: Plauen

Number: 76

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 5:48:09

Speed: 7.24 km/h

Running performance: 8:17 min/km

Rank in course/Total: 61 (of 66)

Rank in course/Men: 51 (of 54)

Best time in course: 2:46:58

Rank in category: 51(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.50	21:52	4:51	25	5:26	25	5:26	4.50	21:52	4:51	25	5:26	25	5:26
Wechselstelle 1	5.00	29:16	5:51	25	8:02	25	8:02	9.50	51:08	5:22	25	13:28	25	13:28
Wechselstelle 2	11.00	1:24:30	7:40	50	37:03	50	37:03	20.50	2:15:38	6:36	47	50:31	47	50:31
südlichster Punkt	6.50	56:50	8:44	53	34:09	53	34:09	27.00	3:12:28	7:07	50	1:24:40	50	1:24:40
Wechselstelle 3	4.00	40:24	10:05	53	23:27	53	23:27	31.00	3:52:52	7:30	50	1:48:07	50	1:48:07
Nordpark Erfurt	11.00	1:55:17	10:28	53	1:13:04	53	1:13:04	42.00	5:48:09	8:17	52	3:01:11	52	3:01:11