



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Michel, Sören

Club: LG Ultralauf

Number: 40

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 3:43:00

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 10 (of 66)

Rank in course/Men: 10 (of 54)

Best time in course: 2:46:58

Rank in category: 10(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.50	18:44	4:09	5	2:18	5	2:18	4.50	18:44	4:09	5	2:18	5	2:18
Wechselstelle 1	5.00	25:13	5:02	8	3:59	8	3:59	9.50	43:57	4:37	4	6:17	4	6:17
Wechselstelle 2	11.00	1:00:14	5:28	13	12:47	13	12:47	20.50	1:44:11	5:04	8	19:04	8	19:04
südlichster Punkt	6.50	31:18	4:48	12	8:37	12	8:37	27.00	2:15:29	5:01	10	27:41	10	27:41
Wechselstelle 3	4.00	25:42	6:25	21	8:45	21	8:45	31.00	2:41:11	5:11	11	36:26	11	36:26
Nordpark Erfurt	11.00	1:01:49	5:37	9	19:36	9	19:36	42.00	3:43:00	5:18	10	56:02	10	56:02