



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Waider, Elias

Club: KJP United

Number: 60

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 3:45:59

Speed: 11.15 km/h

Running performance: 5:23 min/km

Rank in course/Total: 11 (of 66)

Rank in course/Men: 11 (of 54)

Best time in course: 2:46:58

Rank in category: 11(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.50	19:27	4:19	8	3:01	8	3:01	4.50	19:27	4:19	8	3:01	8	3:01
Wechselstelle 1	5.00	24:47	4:57	5	3:33	5	3:33	9.50	44:14	4:39	8	6:34	8	6:34
Wechselstelle 2	11.00	56:48	5:09	6	9:21	6	9:21	20.50	1:41:02	4:55	6	15:55	6	15:55
südlichster Punkt	6.50	30:44	4:43	9	8:03	9	8:03	27.00	2:11:46	4:52	5	23:58	5	23:58
Wechselstelle 3	4.00	24:20	6:04	14	7:23	14	7:23	31.00	2:36:06	5:02	7	31:21	7	31:21
Nordpark Erfurt	11.00	1:09:53	6:21	19	27:40	19	27:40	42.00	3:45:59	5:22	11	59:01	11	59:01