



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Steinbach, Michael

Club: Weimar

Number: 56

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:07:17

Speed: 10.19 km/h

Running performance: 5:53 min/km

Rank in course/Total: 24 (of 66)

Rank in course/Men: 22 (of 54)

Best time in course: 2:46:58

Rank in category: 22(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.50	23:42	5:15	43	7:16	43	7:16	4.50	23:42	5:15	43	7:16	43	7:16
Wechselstelle 1	5.00	30:40	6:08	39	9:26	39	9:26	9.50	54:22	5:43	40	16:42	40	16:42
Wechselstelle 2	11.00	1:07:15	6:06	25	19:48	25	19:48	20.50	2:01:37	5:55	29	36:30	29	36:30
südlichster Punkt	6.50	34:16	5:16	24	11:35	24	11:35	27.00	2:35:53	5:46	26	48:05	26	48:05
Wechselstelle 3	4.00	24:49	6:12	17	7:52	17	7:52	31.00	3:00:42	5:49	24	55:57	24	55:57
Nordpark Erfurt	11.00	1:06:35	6:03	16	24:22	16	24:22	42.00	4:07:17	5:53	22	1:20:19	22	1:20:19