



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Wesemann, Lars

Club: TSV-Winsen(Luhe)

Number: 309

Course: 42.00 km

Marathon Einrad

Category:

Männer

Total time: 3:17:00

Speed: 12.79 km/h

Running performance: 4:41 min/km

Rank in course/Total: 6 (of 11)

Rank in course/Men: 4 (of 7)

Best time in course: 2:20:43

Rank in category: 4(of 7)

Best time in the category: 2:20:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
nördlichster Punkt	4.50	16:44	3:43	5	5:04	5	5:04	4.50	16:44	3:43	5	5:04	5	5:04
Wechselstelle 1	5.00	20:01	4:00	4	3:51	4	3:51	9.50	36:45	3:52	4	8:32	4	8:32
Wechselstelle 2	11.00	58:16	5:17	4	17:57	4	17:57	20.50	1:35:01	4:38	4	26:23	4	26:23
südlichster Punkt	6.50	32:55	5:03	4	10:20	4	10:20	27.00	2:07:56	4:44	4	36:35	4	36:35
Wechselstelle 3	4.00	22:32	5:38	4	8:38	4	8:38	31.00	2:30:28	4:51	4	45:06	4	45:06
Nordpark Erfurt	11.00	46:32	4:13	4	11:11	4	11:11	42.00	3:17:00	4:41	4	56:17	4	56:17