



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Wolf, Heiko

Club: Erfurt

Number: 71

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:21:01

Speed: 9.65 km/h

Running performance: 6:13 min/km

Rank in course/Total: 28 (of 66)

Rank in course/Men: 25 (of 54)

Best time in course: 2:46:58

Rank in category: 25(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
nördlichster Punkt	4.50	24:52	5:31	46	8:26	46	8:26	4.50	24:52	5:31	46	8:26	46	8:26
Wechselstelle 1	5.00	30:59	6:11	40	9:45	40	9:45	9.50	55:51	5:52	45	18:11	45	18:11
Wechselstelle 2	11.00	1:10:24	6:24	30	22:57	30	22:57	20.50	2:06:15	6:09	38	41:08	38	41:08
südlichster Punkt	6.50	33:41	5:10	23	11:00	23	11:00	27.00	2:39:56	5:55	30	52:08	30	52:08
Wechselstelle 3	4.00	25:37	6:24	20	8:40	20	8:40	31.00	3:05:33	5:59	25	1:00:48	25	1:00:48
Nordpark Erfurt	11.00	1:15:28	6:51	28	33:15	28	33:15	42.00	4:21:01	6:12	25	1:34:03	25	1:34:03