



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Ostermann, Frank

Club: SWE Laufteam

Number: 45

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:27:23

Speed: 9.42 km/h

Running performance: 6:22 min/km

Rank in course/Total: 35 (of 66)

Rank in course/Men: 31 (of 54)

Best time in course: 2:46:58

Rank in category: 31(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
nördlichster Punkt	4.50	20:45	4:36	18	4:19	18	4:19	4.50	20:45	4:36	18	4:19	18	4:19	
Wechselstelle 1	5.00	26:54	5:22	17	5:40	17	5:40	9.50	47:39	5:00	17	9:59	17	9:59	
Wechselstelle 2	11.00	1:07:25	6:07	27	19:58	27	19:58	20.50	1:55:04	5:36	20	29:57	20	29:57	
südlichster Punkt	6.50	38:31	5:55	35	15:50	35	15:50	27.00	2:33:35	5:41	25	45:47	25	45:47	
Wechselstelle 3	4.00	36:34	9:08	44	19:37	44	19:37	31.00	3:10:09	6:08	29	1:05:24	29	1:05:24	
Nordpark Erfurt	11.00	1:17:14	7:01	29	35:01	29	35:01	42.00	4:27:23	6:21	31	1:40:25	31	1:40:25	