



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

John, Ilka

Club: Eschwege

Number: 117

Course: 23.50 km

Halbmarathon Einzel

Category:

Frauen

Total time: 2:58:23

Speed: 7.74 km/h

Running performance: 7:35 min/km

Rank in course/Total: 49 (of 51)

Rank in course/Women: 19 (of 20)

Best time in course: 1:51:53

Rank in category: 19(of 20)

Best time in the category: 1:51:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wechselstelle 2	11.00	1:23:38	7:36	19	27:31	19	27:31	11.00	1:23:38	7:36	19	27:31	19	27:31
Nordpark Erfurt	12.50	1:34:45	7:34	20	38:59	20	38:59	23.50	2:58:23	7:35	19	1:06:30	19	1:06:30