



# 6. Erfurt Marathon

Erfurt / 24.08.2019

## Detailed evaluation

**John, Ilka**

Club: Eschwege

Number: 117

Course: 23.50 km

Halbmarathon Einzel

Category:

Frauen

Total time: 2:58:23

Speed: 7.90 km/h

Running performance: 7:35 min/km

Rank in course/Total: 49 (of 51)

Rank in course/Women: 19 (of 20)

Best time in course: 1:51:53

Rank in category: 19(of 20)

Best time in the category: 1:51:53

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Wechselstelle 2 | 11.00       | 1:23:38       | 7:36            | 19          | 27:31          | 19           | 27:31           | 11.00         | 1:23:38       | 7:36            | 19          | 27:31          | 19           | 27:31           |
| Nordpark Erfurt | 12.50       | 1:34:45       | 7:34            | 20          | 38:59          | 20           | 38:59           | 23.50         | 2:58:23       | 7:35            | 19          | 1:06:30        | 19           | 1:06:30         |