



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Danders, Norman

Club: Erfurt

Number: 8

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:28:27

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 36 (of 66)

Rank in course/Men: 32 (of 54)

Best time in course: 2:46:58

Rank in category: 32(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|--------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | | | | | | | | | |
| nördlichster Punkt | 4.50 | 21:41 | 4:49 | 22 | 5:15 | 22 | 5:15 | 4.50 | 21:41 | 4:49 | 22 | 5:15 | 22 | 5:15 |
| Wechselstelle 1 | 5.00 | 28:41 | 5:44 | 24 | 7:27 | 24 | 7:27 | 9.50 | 50:22 | 5:18 | 24 | 12:42 | 24 | 12:42 |
| Wechselstelle 2 | 11.00 | 1:07:16 | 6:06 | 26 | 19:49 | 26 | 19:49 | 20.50 | 1:57:38 | 5:44 | 22 | 32:31 | 22 | 32:31 |
| südlichster Punkt | 6.50 | 40:01 | 6:09 | 40 | 17:20 | 40 | 17:20 | 27.00 | 2:37:39 | 5:50 | 27 | 49:51 | 27 | 49:51 |
| Wechselstelle 3 | 4.00 | 29:00 | 7:15 | 28 | 12:03 | 28 | 12:03 | 31.00 | 3:06:39 | 6:01 | 27 | 1:01:54 | 27 | 1:01:54 |
| Nordpark Erfurt | 11.00 | 1:21:48 | 7:26 | 33 | 39:35 | 33 | 39:35 | 42.00 | 4:28:27 | 6:23 | 32 | 1:41:29 | 32 | 1:41:29 |