



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Rückert, Jens

Club: Arnstadt

Number: 51

Course: 42.00 km

Marathon Einzel

Category:

Männer

Total time: 4:28:28

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 37 (of 66)

Rank in course/Men: 33 (of 54)

Best time in course: 2:46:58

Rank in category: 33(of 54)

Best time in the category: 2:46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
nördlichster Punkt	4.50	23:11	5:09	36	6:45	36	6:45	4.50	23:11	5:09	36	6:45	36	6:45
Wechselstelle 1	5.00	30:17	6:03	37	9:03	37	9:03	9.50	53:28	5:37	36	15:48	36	15:48
Wechselstelle 2	11.00	1:14:23	6:45	41	26:56	41	26:56	20.50	2:07:51	6:14	39	42:44	39	42:44
südlichster Punkt	6.50	35:02	5:23	28	12:21	28	12:21	27.00	2:42:53	6:01	37	55:05	37	55:05
Wechselstelle 3	4.00	28:11	7:02	25	11:14	25	11:14	31.00	3:11:04	6:09	36	1:06:19	36	1:06:19
Nordpark Erfurt	11.00	1:17:24	7:02	30	35:11	30	35:11	42.00	4:28:28	6:23	33	1:41:30	33	1:41:30