



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Laufwunder

Total time: 3:42:41

Number: 417

Speed: 11.32 km/h

Running performance: 5:18 min/km

Course: 42.00 km

Erfurt Marathon 4er Staffel

Rank in course: 7 (of 23)

Best time in course: 2:52:26

Category:

Rank in category: 3(of 12)

Mixstaffel

Best time in the category: 3:34:03

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.50	fehlt!	-	-	-	-	-	9.50	-	-	-	-	-	-
Wechselstelle 2	11.00	55:59	5:05	8	24:33	16	24:33	20.50	55:59	2:43	8	12:12	16	15:20
Wechselstelle 3	10.50	1:07:59	6:28	5	9:47	10	24:58	31.00	2:03:58	3:59	5	15:49	10	38:25
Ziel	11.00	fehlt!	-	-	-	-	-	42.00	-	-	-	-	-	-
Erfurt	-	54:40	-	2	4:34	5	51:03	42.00	3:42:41	-	3	8:38	7	50:15