



6. Erfurt Marathon

Erfurt / 24.08.2019

Detailed evaluation

Erfurter Rennenten

Total time: 4:02:28

Number: 404

Speed: 10.39 km/h

Running performance: 5:46 min/km

Course: 42.00 km

Erfurt Marathon 4er Staffel

Rank in course: 11 (of 23)

Best time in course: 2:52:26

Category:

Rank in category: 6(of 12)

Mixstaffel

Best time in the category: 3:34:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	9.50	fehlt!	-	-	-	-	-	9.50	-	-	-	-	-	-
Wechselstelle 2	11.00	45:05	4:05	4	13:39	8	13:39	20.50	45:05	2:11	3	1:18	7	4:26
Wechselstelle 3	10.50	1:10:06	6:40	6	11:54	12	27:05	31.00	1:55:11	3:42	3	7:02	7	29:38
Ziel	11.00	fehlt!	-	-	-	-	-	42.00	-	-	-	-	-	-
Erfurt	-	1:07:57	-	10	17:51	15	1:04:20	42.00	4:02:28	-	6	28:25	11	1:10:02