



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Schönfeld, Jana

Club: Erfurt  
Number: 177

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 59:51

Speed: 10.03 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 70 (of 82)  
Rank in course/Women: 12 (of 21)

Best time in course: 42:34  
Rank in category: 2(of 2)  
Best time in the category: 59:20

Intermediate times

Stage score

Total ranking

| Control | Intermediate times |            |              |          | Stage score |           |              |          | Total ranking |              |          |             |           |              |
|---------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
|         | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde   | 2.00               | 12:06      | 6:02         | 2        | 0:24        | 17        | 4:02         | 2.00     | 12:06         | 6:02         | 2        | 0:24        | 17        | 4:02         |
| Runde   | 2.00               | 11:55      | 5:57         | 1        | -           | 11        | 3:24         | 4.00     | 24:01         | 6:00         | 2        | 0:24        | 16        | 7:26         |
| Runde   | 2.00               | 11:55      | 5:57         | 1        | -           | 9         | 3:18         | 6.00     | 35:56         | 5:59         | 2        | 0:06        | 14        | 10:44        |
| Runde   | 2.00               | 11:57      | 5:58         | 1        | -           | 9         | 3:18         | 8.00     | 47:53         | 5:59         | 1        | -           | 11        | 14:02        |
| Finish  | 2.00               | 11:58      | 5:59         | 2        | 0:34        | 14        | 3:15         | 10.00    | 59:51         | 5:59         | 2        | 0:31        | 13        | 27:59        |