



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Heilmann, Melina

Club: FSU Jena
Number: 113

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 1:01:58

Speed: 9.68 km/h
Running performance: 6:12 min/km

Rank in course/Total: 75 (of 82)
Rank in course/Women: 16 (of 21)

Best time in course: 42:34
Rank in category: 12(of 17)
Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:49	5:54	12	3:45	15	3:45	2.00	11:49	5:54	12	3:45	15	3:45
Runde	2.00	12:03	6:01	11	3:32	15	3:32	4.00	23:52	5:58	12	7:17	15	7:17
Runde	2.00	12:28	6:14	12	3:51	16	3:51	6.00	36:20	6:03	11	11:08	15	11:08
Runde	2.00	12:49	6:24	13	4:10	17	4:10	8.00	49:09	6:08	11	15:18	15	15:18
Finish	2.00	12:49	6:24	14	4:06	18	4:06	10.00	1:01:58	6:11	13	30:06	17	30:06