



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Straßburger, Sarah

Club: FH Erfurt
Number: 157

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 1:08:37

Speed: 8.74 km/h
Running performance: 6:52 min/km

Rank in course/Total: 79 (of 82)
Rank in course/Women: 19 (of 21)

Best time in course: 42:34
Rank in category: 15(of 17)
Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:45	6:22	14	4:41	18	4:41	2.00	12:45	6:22	14	4:41	18	4:41
Runde	2.00	13:17	6:38	16	4:46	20	4:46	4.00	26:02	6:30	15	9:27	19	9:27
Runde	2.00	14:12	7:05	15	5:35	19	5:35	6.00	40:14	6:42	15	15:02	19	15:02
Runde	2.00	14:33	7:16	15	5:54	19	5:54	8.00	54:47	6:50	15	20:56	19	20:56
Finish	2.00	13:50	6:55	16	5:07	20	5:07	10.00	1:08:37	6:51	16	36:45	20	36:45