



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Panse, Adrian

Club: USV Erfurt  
Number: 142

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 36:25

Speed: 16.48 km/h  
Running performance: 3:38 min/km

Rank in course/Total: 1 (of 82)

Rank in course/Men: 1 (of 61)

Best time in course: 36:25

Rank in category: 1(of 38)

Best time in the category: 36:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:08	3:34	1	-	1	-	2.00	7:08	3:34	1	-	1	-
Runde	2.00	7:15	3:37	1	-	1	-	4.00	14:23	3:35	1	-	1	-
Runde	2.00	7:18	3:38	1	-	1	-	6.00	21:41	3:36	1	-	1	-
Runde	2.00	7:24	3:42	1	-	1	-	8.00	29:05	3:38	1	-	1	-
Finish	2.00	7:20	3:39	1	-	1	-	10.00	36:25	3:38	1	-	2	14:53