



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Krassek, Leo

Club: Laufladen Erfurt/ Uni Erfurt  
Number: 161

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 40:08

Speed: 14.95 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 3 (of 82)

Rank in course/Men: 3 (of 61)

Best time in course: 36:25

Rank in category: 3(of 38)

Best time in the category: 36:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:44	3:52	3	0:36	3	0:36	2.00	7:44	3:52	3	0:36	3	0:36
Runde	2.00	8:03	4:01	4	0:48	4	0:48	4.00	15:47	3:56	3	1:24	3	1:24
Runde	2.00	8:05	4:02	3	0:47	3	0:47	6.00	23:52	3:58	3	2:11	3	2:11
Runde	2.00	8:11	4:05	3	0:47	3	0:47	8.00	32:03	4:00	3	2:58	3	2:58
Finish	2.00	8:05	4:02	4	0:45	4	0:45	10.00	40:08	4:00	3	3:43	4	18:36