



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Reuschler, Martin

Club: Team Fitness Mama
Number: 185

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 43:47

Speed: 13.70 km/h
Running performance: 4:23 min/km

Rank in course/Total: 12 (of 82)

Rank in course/Men: 11 (of 61)

Best time in course: 36:25

Rank in category: 8(of 38)

Best time in the category: 36:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:41	4:20	8	1:33	11	1:33	2.00	8:41	4:20	8	1:33	11	1:33
Runde	2.00	8:43	4:21	8	1:28	11	1:28	4.00	17:24	4:20	8	3:01	11	3:01
Runde	2.00	8:47	4:23	8	1:29	10	1:29	6.00	26:11	4:21	8	4:30	11	4:30
Runde	2.00	8:52	4:26	9	1:28	11	1:28	8.00	35:03	4:22	8	5:58	11	5:58
Finish	2.00	8:44	4:21	9	1:24	12	1:24	10.00	43:47	4:22	8	7:22	12	22:15