



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Speckan, Paul

Club: FSU Jena  
Number: 128

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 45:08

Speed: 13.29 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 13 (of 82)

Rank in course/Men: 12 (of 61)

Best time in course: 36:25

Rank in category: 9(of 38)

Best time in the category: 36:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:43	4:21	9	1:35	12	1:35	2.00	8:43	4:21	9	1:35	12	1:35
Runde	2.00	8:52	4:26	9	1:37	12	1:37	4.00	17:35	4:23	9	3:12	12	3:12
Runde	2.00	9:11	4:35	9	1:53	13	1:53	6.00	26:46	4:27	9	5:05	12	5:05
Runde	2.00	9:14	4:36	10	1:50	15	1:50	8.00	36:00	4:30	9	6:55	12	6:55
Finish	2.00	9:08	4:33	11	1:48	17	1:48	10.00	45:08	4:30	9	8:43	13	23:36