



5. Erfurter Campuslauf

Erfurt / 22.05.2019

Detailed evaluation

Kölsch, Wolfgang

Club: SC Impuls Erfurt e.V.

Number: 187

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 45:41

Speed: 13.13 km/h

Running performance: 4:34 min/km

Rank in course/Total: 14 (of 82)

Rank in course/Men: 13 (of 61)

Best time in course: 36:25

Rank in category: 1(of 4)

Best time in the category: 45:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:43	4:21	1	-	12	1:35	2.00	8:43	4:21	1	-	12	1:35
Runde	2.00	8:54	4:27	1	-	13	1:39	4.00	17:37	4:24	1	-	13	3:14
Runde	2.00	9:09	4:34	1	-	12	1:51	6.00	26:46	4:27	1	-	12	5:05
Runde	2.00	9:29	4:44	2	0:03	19	2:05	8.00	36:15	4:31	1	-	13	7:10
Finish	2.00	9:26	4:43	3	0:29	22	2:06	10.00	45:41	4:34	1	-	14	24:09