



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Reiner, Jost

Club: USV Jena Mittwochsläufer
Number: 124

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:37

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 17 (of 82)

Rank in course/Men: 16 (of 61)

Best time in course: 36:25

Rank in category: 2(of 4)

Best time in the category: 45:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Runde	2.00	9:23	4:41	3	0:40	21	2:15	2.00	9:23	4:41	3	0:40	21	2:15
Runde	2.00	9:26	4:43	2	0:32	16	2:11	4.00	18:49	4:42	2	1:12	19	4:26
Runde	2.00	9:25	4:42	3	0:16	18	2:07	6.00	28:14	4:42	3	1:28	21	6:33
Runde	2.00	9:26	4:43	1	-	16	2:02	8.00	37:40	4:42	2	1:25	17	8:35
Finish	2.00	8:57	4:28	1	-	15	1:37	10.00	46:37	4:39	2	0:56	17	25:05