



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Groß, Jessica

Club: 1. FFV Erfurt/Universität Erfurt
Number: 109

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 47:18

Speed: 12.68 km/h
Running performance: 4:44 min/km

Rank in course/Total: 20 (of 82)
Rank in course/Women: 2 (of 21)

Best time in course: 42:34
Rank in category: 2(of 17)
Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:08	4:33	3	1:04	3	1:04	2.00	9:08	4:33	3	1:04	3	1:04
Runde	2.00	9:43	4:51	2	1:12	2	1:12	4.00	18:51	4:42	2	2:16	2	2:16
Runde	2.00	9:20	4:40	2	0:43	2	0:43	6.00	28:11	4:41	2	2:59	2	2:59
Runde	2.00	9:34	4:46	2	0:55	2	0:55	8.00	37:45	4:43	2	3:54	2	3:54
Finish	2.00	9:33	4:46	2	0:50	2	0:50	10.00	47:18	4:43	3	15:26	3	15:26