



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Schönbeck, Tom

Club: Erfurt  
Number: 178

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 50:38

Speed: 11.85 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 33 (of 82)

Rank in course/Men: 30 (of 61)

Best time in course: 36:25

Rank in category: 18(of 38)

Best time in the category: 36:25

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Runde	2.00	9:35	4:47	15	2:27	25	2:27	2.00	9:35	4:47	15	2:27	25	2:27
Runde	2.00	9:52	4:56	16	2:37	27	2:37	4.00	19:27	4:51	15	5:04	25	5:04
Runde	2.00	10:12	5:05	18	2:54	29	2:54	6.00	29:39	4:56	17	7:58	28	7:58
Runde	2.00	10:35	5:17	24	3:11	36	3:11	8.00	40:14	5:01	17	11:09	28	11:09
Finish	2.00	10:24	5:12	27	3:04	40	3:04	10.00	50:38	5:03	18	14:13	31	29:06