



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Kaus, Lisa-Marie

Club: USV Erfurt/Universität Erfurt
Number: 116

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 51:01

Speed: 11.76 km/h
Running performance: 5:06 min/km

Rank in course/Total: 34 (of 82)

Rank in course/Women: 4 (of 21)

Best time in course: 42:34

Rank in category: 3(of 17)

Best time in the category: 42:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:07	4:33	2	1:03	2	1:03	2.00	9:07	4:33	2	1:03	2	1:03
Runde	2.00	9:47	4:53	3	1:16	3	1:16	4.00	18:54	4:43	3	2:19	3	2:19
Runde	2.00	10:31	5:15	5	1:54	6	1:54	6.00	29:25	4:54	3	4:13	3	4:13
Runde	2.00	10:40	5:19	4	2:01	5	2:01	8.00	40:05	5:00	3	6:14	4	6:14
Finish	2.00	10:56	5:28	5	2:13	6	2:13	10.00	51:01	5:06	4	19:09	5	19:09