



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Findeis, Miriam

Club: Universität Erfurt  
Number: 136

Course: 10.00 km  
Hauptlauf

Category:  
Frauen (20-29 Jahre)

Total time: 52:44

Speed: 11.38 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 40 (of 82)

Rank in course/Women: 6 (of 21)

Best time in course: 42:34

Rank in category: 5(of 17)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:24	5:12	4	2:20	5	2:20	2.00	10:24	5:12	4	2:20	5	2:20
Runde	2.00	10:12	5:05	5	1:41	6	1:41	4.00	20:36	5:09	4	4:01	5	4:01
Runde	2.00	10:27	5:13	4	1:50	5	1:50	6.00	31:03	5:10	5	5:51	6	5:51
Runde	2.00	10:48	5:24	5	2:09	6	2:09	8.00	41:51	5:13	5	8:00	6	8:00
Finish	2.00	10:53	5:26	4	2:10	5	2:10	10.00	52:44	5:16	6	20:52	7	20:52