



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Prack, Niklas

Club: FSU Jena
Number: 123

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 54:32

Speed: 11.00 km/h
Running performance: 5:27 min/km

Rank in course/Total: 47 (of 82)

Rank in course/Men: 41 (of 61)

Best time in course: 36:25

Rank in category: 26(of 38)

Best time in the category: 36:25

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	11:31	5:45	29	4:23	47	4:23	2.00	11:31	5:45	29	4:23	47	4:23	
Runde	2.00	11:16	5:38	26	4:01	43	4:01	4.00	22:47	5:41	26	8:24	43	8:24	
Runde	2.00	10:54	5:27	24	3:36	38	3:36	6.00	33:41	5:36	25	12:00	42	12:00	
Runde	2.00	10:55	5:27	26	3:31	42	3:31	8.00	44:36	5:34	25	15:31	40	15:31	
Finish	2.00	9:56	4:58	19	2:36	31	2:36	10.00	54:32	5:27	26	18:07	42	33:00	