



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Trensch, Christoph

Club: Erfurt
Number: 175

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 55:20

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 52 (of 82)

Rank in course/Men: 46 (of 61)

Best time in course: 36:25

Rank in category: 30(of 38)

Best time in the category: 36:25

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	2.00	11:15	5:37	22	4:07	39	4:07	2.00	11:15	5:37	22	4:07	39	4:07
Runde	2.00	10:47	5:23	22	3:32	37	3:32	4.00	22:02	5:30	22	7:39	37	7:39
Runde	2.00	11:38	5:48	33	4:20	54	4:20	6.00	33:40	5:36	24	11:59	40	11:59
Runde	2.00	11:51	5:55	35	4:27	55	4:27	8.00	45:31	5:41	34	16:26	52	16:26
Finish	2.00	9:49	4:54	16	2:29	28	2:29	10.00	55:20	5:31	30	18:55	47	33:48