



5. Erfurter Campuslauf  
Erfurt / 22.05.2019

Detailed evaluation

Bode, Jonas

Club: Jena

Number: 102

Course: 10.00 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 56:57

Speed: 10.54 km/h

Running performance: 5:42 min/km

Rank in course/Total: 59 (of 82)

Rank in course/Men: 52 (of 61)

Best time in course: 36:25

Rank in category: 34(of 38)

Best time in the category: 36:25

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	2.00	11:34	5:46	31	4:26	49	4:26	2.00	11:34	5:46	31	4:26	49	4:26
Runde	2.00	11:26	5:43	28	4:11	47	4:11	4.00	23:00	5:45	29	8:37	46	8:37
Runde	2.00	11:06	5:32	27	3:48	43	3:48	6.00	34:06	5:41	28	12:25	45	12:25
Runde	2.00	11:16	5:38	31	3:52	48	3:52	8.00	45:22	5:40	31	16:17	49	16:17
Finish	2.00	11:35	5:47	34	4:15	54	4:15	10.00	56:57	5:41	34	20:32	53	35:25