



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Resende, Joao

Club: Schmalkalden
Number: 125

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 57:42

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 61 (of 82)

Rank in course/Men: 54 (of 61)

Best time in course: 36:25

Rank in category: 35(of 38)

Best time in the category: 36:25

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:46	5:53	38	4:38	60	4:38	2.00	11:46	5:53	38	4:38	60	4:38
Runde	2.00	11:50	5:55	34	4:35	55	4:35	4.00	23:36	5:54	38	9:13	59	9:13
Runde	2.00	11:33	5:46	32	4:15	53	4:15	6.00	35:09	5:51	36	13:28	57	13:28
Runde	2.00	11:26	5:43	34	4:02	51	4:02	8.00	46:35	5:49	35	17:30	56	17:30
Finish	2.00	11:07	5:33	30	3:47	47	3:47	10.00	57:42	5:46	35	21:17	55	36:10