



5. Erfurter Campuslauf

Erfurt / 22.05.2019

Detailed evaluation

Haupt, Verena

Club: FSU Jena

Number: 140

Course: 10.00 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 58:16

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 64 (of 82)

Rank in course/Women: 9 (of 21)

Best time in course: 42:34

Rank in category: 7(of 17)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	2.00	11:33	5:46	10	3:29	12	3:29	2.00	11:33	5:46	10	3:29	12	3:29
Runde	2.00	12:02	6:00	10	3:31	14	3:31	4.00	23:35	5:53	11	7:00	13	7:00
Runde	2.00	12:16	6:08	9	3:39	13	3:39	6.00	35:51	5:58	9	10:39	12	10:39
Runde	2.00	11:26	5:43	6	2:47	8	2:47	8.00	47:17	5:54	7	13:26	9	13:26
Finish	2.00	10:59	5:29	6	2:16	7	2:16	10.00	58:16	5:49	8	26:24	10	26:24