



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Saftig, Greta

Club: FH Erfurt, Fakultät ASW
Number: 168

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 59:24

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 66 (of 82)
Rank in course/Women: 11 (of 21)
Best time in course: 42:34
Rank in category: 8(of 17)
Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	2.00	11:30	5:45	8	3:26	10	3:26	2.00	11:30	5:45	8	3:26	10	3:26
Runde	2.00	12:01	6:00	9	3:30	13	3:30	4.00	23:31	5:52	9	6:56	11	6:56
Runde	2.00	12:17	6:08	10	3:40	14	3:40	6.00	35:48	5:57	8	10:36	10	10:36
Runde	2.00	12:06	6:02	8	3:27	11	3:27	8.00	47:54	5:59	9	14:03	12	14:03
Finish	2.00	11:30	5:45	9	2:47	12	2:47	10.00	59:24	5:56	9	27:32	12	27:32