



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Krenzer, Jan-Lucas

Club: FSU Jena
Number: 153

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 59:27

Speed: 10.09 km/h
Running performance: 5:56 min/km

Rank in course/Total: 67 (of 82)

Rank in course/Men: 56 (of 61)

Best time in course: 36:25

Rank in category: 36(of 38)

Best time in the category: 36:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:30	5:45	26	4:22	44	4:22	2.00	11:30	5:45	26	4:22	44	4:22
Runde	2.00	11:54	5:57	36	4:39	57	4:39	4.00	23:24	5:50	34	9:01	55	9:01
Runde	2.00	11:39	5:49	34	4:21	55	4:21	6.00	35:03	5:50	33	13:22	54	13:22
Runde	2.00	12:37	6:18	37	5:13	59	5:13	8.00	47:40	5:57	36	18:35	57	18:35
Finish	2.00	11:47	5:53	36	4:27	57	4:27	10.00	59:27	5:56	36	23:02	57	37:55