



5. Erfurter Campuslauf
Erfurt / 22.05.2019

Detailed evaluation

Mühlhausen, Anna

Club: Musikhochschule Franz Liszt Weimar
Number: 189

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 59:20

Speed: 10.11 km/h
Running performance: 5:56 min/km

Rank in course/Total: 65 (of 82)
Rank in course/Women: 10 (of 21)

Best time in course: 42:34
Rank in category: 1(of 2)
Best time in the category: 59:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:42	5:50	1	-	13	3:38	2.00	11:42	5:50	1	-	13	3:38
Runde	2.00	11:55	5:57	1	-	11	3:24	4.00	23:37	5:54	1	-	14	7:02
Runde	2.00	12:13	6:06	2	0:18	11	3:36	6.00	35:50	5:58	1	-	11	10:38
Runde	2.00	12:06	6:02	2	0:09	11	3:27	8.00	47:56	5:59	2	0:03	13	14:05
Finish	2.00	11:24	5:42	1	-	11	2:41	10.00	59:20	5:56	1	-	11	27:28