



ESOC 2019 Long
Sarikamis / 10.02.2019

Detailed evaluation

Rost, Erik

Club: Swedish Orienteering Federatio
Number: 104

Course: 18.14 km
MAN_1AAB2BCA3CB

Category:

Men

Total time: 1:32:33

Speed: 11.76 km/h

Running performance: min/km

Rank in course/Total: 4 (of 53)

Rank in course/Men: 1 (of 53)

Best time in course:

Rank in category: 3(of 53)

Best time in the category: 1:31:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
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