



Detailed evaluation

Moholdt, Lars

Club: Norwegian Orienteering Federat

Total time: 35:39

Running performance: 4:43 min/km

Course: 7.55 km / 21 Controls

Category:

Men

Rank in category: 2(of 55)

Best time in the category: 35:36

Behind: 0:03

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (36)	5:10	3	0:06	2.0	5:10	3	0:06	2.0
2 (57)	1:20	1	-	-	6:30	1	-	-
3 (52)	1:21	5	0:04	5.2	7:51	1	-	-
4 (55)	1:46	4	0:05	5.0	9:37	1	-	-
5 (34)	1:39	4	0:04	4.2	11:16	1	-	-
6 (39)	1:45	3	0:02	1.9	13:01	1	-	-
7 (41)	0:50	1	-	-	13:51	1	-	-
8 (56)	1:06	4	0:01	1.5	14:57	1	-	-
9 (49)	0:57	3	0:01	1.8	15:54	1	-	-
10 (42)	1:17	8	0:04	5.5	17:11	1	-	-
11 (51)	0:53	17	0:11	26.2	18:04	2	0:02	0.2
12 (59)	0:51	16	0:08	18.6	18:55	2	0:09	0.8
13 (50)	0:41	1	-	-	19:36	2	0:05	0.4
14 (58)	0:56	2	0:01	1.8	20:32	2	0:02	0.2
15 (38)	1:01	5	0:06	10.9	21:33	1	-	-
16 (46)	4:56	3	0:18	6.5	26:29	2	0:18	1.2
17 (53)	1:12	1	-	-	27:41	2	0:15	0.9
18 (44)	3:41	1	-	-	31:22	2	0:11	0.6
19 (47)	2:15	4	0:06	4.7	33:37	2	0:13	0.7
20 (45)	0:34	16	0:05	17.2	34:11	2	0:06	0.3
21 (77)	1:03	6	0:08	14.6	35:14	2	0:03	0.1
Finish	0:25	3	0:01	4.2	35:39	2	0:03	0.1