



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Tiffert, Nadine

Club: SV Diedorf 1921 e.V.
Number: 112

Course: 6.60 km
Kurzstrecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 37:55

Speed: 9.49 km/h
Running performance: 5:44 min/km

Rank in course/Total: 19 (of 47)

Rank in course/Women: 8 (of 26)

Best time in course: 33:05

Rank in category: 1(of 5)

Best time in the category: 37:55